



Muslim Hands

**TRUST ALLAH**  
**HOLD ON TO HOPE**  
**HELP SAVE LIVES**



#HOLDONTOHOPE

Ramadan Mubarak  
2020

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**TRUST ALLAH**  
**HOLD ON TO HOPE**  
**HELP SAVE LIVES**



**'Truly, Allah loves those  
who put their trust in Him'.**

[The Noble Qur'an, 3:159]



**This Ramadan, place your trust in Allah, rely only on Him, and have hope in His help.**

Charity is an essential worship which brings us closer to Allah. Charity increases our provision, removes our sins and leads us to Paradise. It is especially important to give during a crisis, as the Prophet (saw) said,

**'Give charity without delay, for it  
stands in the way of calamity'.**

[Tirmidhi]

Your charity will not only protect you from calamity, it will make a world of difference to our brothers and sisters across the world. It will ease hardships, transform communities and save lives.

Giving Sadaqah and Zakat therefore benefits us in this life and the next.

**TRUST ALLAH. HOLD ON TO HOPE. HELP SAVE LIVES.**

**Like Salah, Zakat is a pillar of Islam** and one of the most important acts of worship.

### Who Pays Zakat?

Zakat is a **serious obligation upon every adult Muslim** of sound mind, if their wealth exceeds the minimum amount known as Nisab.

### Who Receives Zakat?

The Qur'an lists the following Muslims as eligible to receive Zakat:

- The poor
- The needy
- Those administering Zakat
- Recent reverts to Islam
- Those in captivity
- Those in debt
- Those in the path of Allah
- The wayfarer

[The Noble Qur'an, 9:60]

# ZAKAT EXPLAINED



**'And establish prayer,  
give Zakat and obey the  
Messenger so that mercy  
may be shown to you'.**

[The Noble Qur'an, 24:56]



We distribute Zakat in over 30 countries. Give to the **Zakat Fund** to ensure your Zakat reaches those most in need as quickly as possible.

**Unsure how much Zakat  
you need to pay?**

Use the Zakat calculator on our website:  
[muslimhands.org.uk/myzakat](https://muslimhands.org.uk/myzakat)

Or call our team at: **0115 911 7222**



## OUR RESPONSE: UK AND GLOBAL

We are distributing **MEDICAL PACKS** to global frontline medical officials, keeping **medical staff** and their communities safe.



These packs consist of **PERSONAL PROTECTIVE GEAR** (PPE) including medical goggles, masks, gowns, gloves and hand sanitisers, and are thus vital resources in fighting the pandemic.



We are partnering with **FareShare** to deliver **3,000 MEALS A DAY** in the **UK**.



We are partnering with **Age UK** to provide a **VITAL HELPLINE TO THE SELF-ISOLATING ELDERLY** in **Nottinghamshire**. We will regularly call the elderly to check that they have enough food and medicine.

We are distributing **FAMILY FOOD PARCELS** in the **UK** as well as in **19 locations worldwide**, including in Pakistan, Syria and Gaza.



**Mon – Thu, 9am to 5pm**  
**Fri, 9am to 4:30pm**  
**Sat – Sun, 10am to 2pm**

Call Nottingham helpline at **0115 844 0011**  
*Non-English speakers should not hesitate to call; this is a multilingual support line.*

From rest of UK call at **0800 055 6112**



Our community kitchen in **West London** is running **DAILY HOME DELIVERIES** and a **TAKEAWAY SERVICE**, providing cooked meals to the homeless, elderly, disabled and low-income families.



We have set up a **MULTILINGUAL MUSLIM BURIAL HELPLINE**, to advise you on Islamic rulings regarding the burial process during the pandemic, in line with the latest guidelines from the National Burial Council.

**Mon – Sun, 9am to 4pm**

Call the helpline at **0115 970 3332**

# CORONA VIRUS APPEAL

This Ramadan, help us lighten the burden of those most vulnerable to the Coronavirus pandemic, in the UK and worldwide.

Let's hold onto our community spirit and protect the needy with our charity.

**WANT TO MAKE A DIFFERENCE? DONATE YOUR TIME!**

[muslimhands.org.uk/get-involved](https://muslimhands.org.uk/get-involved)

Zainub is self-isolating, so her children and grandchildren are unable to eat. She is the sole breadwinner, but if she goes out to work she puts their lives in danger.

Zainub used to earn 66p per day. She has no savings and no safety net.

Without your help – how will her family survive?

## Protect from Calamity

The Messenger of Allah (saw) said, **'Rush to give charity, for indeed calamities cannot go beyond it'**.  
[Tabarani]

**WE ARE WORKING WITH ORGANISATIONS ACROSS THE UK, AS WELL AS OUR GLOBAL TEAMS, TO KEEP POOR COMMUNITIES HEALTHY AND SAFE DURING THIS PANDEMIC.**



**£70** can provide **20 hot, nutritious meals** from The Open Kitchen to a low-income family, a homeless person, or an elderly or disabled person



**£100** can provide **one month food parcels** to **two struggling families**, in the UK and abroad



**£100** can provide **three Medical Packs** to global frontline medical officials



# SYRIA CRISIS

The children of Syria have been devastated by conflict for over nine years. They have been **starved, terrorised** and forced to give up everything to survive. They have **lost their parents, their homes and even their limbs** to this humanitarian nightmare.

**They desperately need your help and du'as this Ramadan.**

*'My child is always hungry and sick but I can't give him anything. How can we live like this? I would prefer to die over living such a life.'*

– Najwa, a Syrian mother

*'Allah has given me the strength to cope with my own hardships, but seeing my children suffer like this makes me hate life. Please help my family.'*

– Fatima, a Yemeni mother

# YEMEN EMERGENCY

**Yemen is a 'living hell' for every child forced to bear the consequences of this heartbreaking crisis.**

– (UN)

Yemen is being torn apart by **starvation, cholera outbreaks** and **mass displacement**. Every single day, children are dying because they have **no food, water or medicine**.

## Act now to Save Lives in Yemen

The Prophet (saw) said, **'The best of men are the men of Yemen, belief is Yemeni, and I am Yemeni'**.

[Ahmad]



**£150** can provide a child with **nutritious school meals** for a whole year



**£300** can run our **mobile health clinic** for a whole day



**£500** can buy a share in the construction or rehabilitation of a **deep water well**

## Give Hope to Syria

The Prophet (saw) said, **'It (Sham) is Allah's best land, to which He sends His best servants'**.

[Abu Dawud]



**£65** can provide a **family with food** for an entire month



**£500** can run an **intensive care unit for displaced children** and their mothers for a day



**£800** can provide an amputated child with a **prosthetic limb** that will help them walk and play again



*'They took away my only son in August. They kept saying they will release him, but I haven't seen him. I am diabetic too, I'm suffering from hypertension. What will happen to my daughters if something goes wrong with me?'*

– A mother in Kashmir

### Strengthen the People of Kashmir

**'Indeed, the believers are like a structure, each one strengthening the other'.**

[Bukhari]



**£100** can provide a family with an **emergency food parcel** for a month



**£500** can run an **ambulance in curfew zones** for a week

# KASHMIR CRISIS

India-administered Kashmir has been under curfew restrictions for over eight months. Stocks of food and medicine have been almost completely depleted.

It is vital that we keep supporting Kashmir in this critical time, as our partners on the ground are one of the few charities allowed to work in curfew zones.

# ROHINGYA REFUGEES

### Give Relief to the Rohingya

**'Whoever brings ease to someone in difficulty, Allah will make it easy for him in this life and the next'.**

[Muslim]



**£100** can provide a one month **family food parcel**



**£150** can run one of our **children's centres** for a day



**£350** can run one of our **medical camps** for a day

*'At home, everywhere I looked, I could see houses burnt down. People just like me were being killed in their homes.'*

***It felt like we would never be safe again.***

*I can play with my friends at the children's centre. I can forget all of the scary memories here'.*

– Shaha Nur, a Rohingya refugee child





## £75 FARMING TOOLS AND SEEDS

Having farming tools ensures land can be cultivated for its maximum benefit and otherwise barren land can be put to use. Your gift will ensure the work gets done **and families are empowered to feed themselves and sustain a livelihood.**

# GREAT CHARITY GIFTS

[GREATCHARITYGIFTS.ORG.UK](http://GREATCHARITYGIFTS.ORG.UK)



## £150 GIFT OF SIGHT

Just being able to see this means you've got an advantage over countless numbers of people all over the world. Cataract removals are simple, yet life changing procedures which restore sight and can **remove blindness almost instantly.**

**GREAT CHARITY GIFTS** is an easy way to give a gift to someone in need, in the name of a loved one! **Every time someone benefits from the gift, you both gain the reward.**



## £20 EID GIFTS FOR CHILDREN

Share the joy this Eid by giving an orphaned or disadvantaged child a gift through Muslim Hands. Your donation will be used to buy **practical items such as a school bag or equipment, together with items designed to bring a smile, such as toys and sweets.** The gifts are distributed on the days of Eid by our local teams.

We are distributing iftar to war victims \ from Syria, Yemen, Kashmir, Palestine and the Rohingya. We are also providing iftar to families worldwide who cannot afford nutritious food on a regular basis.

# PROVIDE IFTAR

We will comply with government health and safety guidelines when delivering iftar to people's homes during the coronavirus outbreak.

*'I am always hungry. I dream about having an apple to eat. I wish I could try meat just once in my life.'*  
– Ahmed, a Syrian child



## Multiply the Rewards of Your Fast for just £1 PER IFTAR

The Prophet (saw) said,  
**'Whoever feeds a person breaking his fast will earn the same reward as him, without anything being lessened from the reward of the fasting person.'**  
[Tirmidhi]

- £30** feeds a fasting person for the whole month of Ramadan
- £75** provides iftar for 75 people
- £350** provides iftar for 350 people

### What if I Can't Fast or I Miss a Fast?

- £210 Fidyah** Payment made if you **can't fast due to ill-health or old age**
- £420 Kaffarah** Payment made if you **miss a fast without a valid reason**



The Messenger of Allah (saw) was asked, 'Which charity is best?' He replied, '[Providing] water'.  
[Abu Dawud]



# GIVE WATER



**Giving water is a Sadaqah Jariyah chain reaction!**



## Give the Best Charity

### £190 Tube Well

Up to four families will benefit from this safe water source. It will be located next to their homes

### £660 Dig-a-Well

Up to 35 families will benefit. It will be located in a communal place such as a village centre, school or masjid

### £2,600 Community Well

It will serve more than 200 families as well as providing enough water for their livestock and crops

Clean water is really important

THE FUTURE is in YOUR HANDS.



WASH THEM!

Give now to protect the vulnerable from deadly diseases.



## Giving Orphans Hope

Muhammad and Aida are orphans in Sudan whose lives have been transformed by generous donors like yourselves.

*'Other boys in the neighbourhood sell tissues and water bottles in the street. I am the only boy in this neighbourhood who has the opportunity to go to such a good school. I'm really grateful to my sponsor and my teachers for caring for me and giving me a better life'.*

– Muhammad, aged 13



*'Since our parents died, our aunt and uncle have taken care of us. There are eleven people in this house and it's really hard for everyone to eat. I'm grateful to have food every day thanks to my sponsor'.*

– Aida, aged 10



The Messenger of Allah (saw) said, 'Paradise has a door which is called 'Joy' – only those who bring joy to children will pass through it'.

[Dailami]

JUST  
**97p**  
PER DAY

# SPONSOR AN ORPHAN

## What Does Your Support Mean to an Orphan?

Your monthly sponsorship provides a child with an **education, medical check-ups and healthy school meals** – but it also does **so much more**.

SECURITY

STABILITY

PROTECTION



A brighter  
FUTURE

### Sponsor an Orphan

**£29.50** per month supports an orphan with their **education, medical check-ups and school meals**

Or **£354** for the entire year

### Food 4 Kids



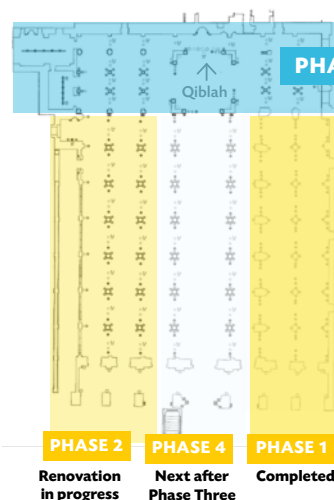
**£10** per month provides an orphan **with daily school meals**

Or **£120** for the entire school year



# ILLUMINATE THE FRONT PRAYER ROWS

SubhanAllah, you have given almost **£1.2 million to the Masjid Al-Aqsa lighting project** so far! Half of the Qibali Masjid has been illuminated in this historic Sadaqah Jariyah project, and you've played a valuable part in that!



## PHASE THREE

We are now moving into the most exciting phase: **illuminating the front rows of the masjid**, where the Prophet (saw) himself prayed!

On the night of al-Isra wa al-Mi'raj, he (saw) led the prophets (as) in prayer in the Qibali Masjid, and we are truly honoured to be able to illuminate this blessed space.

This Ramadan, we invite you to be a part of this incredible **SADAQAH JARIYAH**



## The Blessed Olives of Al-Aqsa

There are around 700 olive trees within Masjid Al-Aqsa. These olives are so blessed, Allah swears by them! (Qur'an, 95:1)



Some of these olive trees are over 200 years old. They are only harvested once a year. Their oil is **NEVER** sold; it can only be gifted.

Our partners have given us this priceless olive oil to gift to **YOU**.



For every £250 you donate to Al-Aqsa, we'll send you a bottle of blessed oil!



\*(Stocks are limited - don't miss out!)

**FREE** Olive Oil gift from Al-Aqsa for every **£250** you donate to the Blessed Masjid!\*

Light the Lamps of Masjid

Al-Aqsa

illuminating the Qibali Masjid is a Sadaqah Jariyah, which will benefit worshippers for generations to come, in sha' Allah.

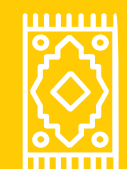
If you donate in the name of a loved one who has passed away, they can be a part of these incredible rewards.

The Prophet (saw) was asked, 'If one of us cannot visit it [Masjid Al-Aqsa], what should we do?'

He [the Prophet (saw)] said, 'Then he should make a gift of some oil to be lit therein [in its lamps]. For indeed the one who gifts this to it, will be like the one who has prayed therein [equivalent to one thousand prayers]'.

[Ahmad]

Give Light to the Blessed Masjid Al-Aqsa



- £150** Lighting for **3 square feet**
- £250** Lighting for **5 square feet**
- £500** Lighting for **10 square feet**

10 square feet = 1 prayer space





*'A masjid is a house of Allah. Without a masjid in the community, where is Allah's home? Building one is a beautiful Sadaqah Jariyah which will benefit the giver and the community for many generations to come'.  
– Imam Yaya, from his new masjid in Mali*

*'As for that which benefits the people, it remains on the Earth'.  
[The Noble Qur'an, 13:17]*

# GIVE SADAQAH JARIYAH

**SADAQAH JARIYAH** literally means 'a continuous, ongoing, flowing charity'. It is a gift that not only benefits others in this life, but also you and your loved ones in the next life.



# Start the Project of Your Lifetime



Let our team of experts create a beautiful legacy for you, according to your plan, time and budget. Contact our team at [majorgiving@muslimhands.org.uk](mailto:majorgiving@muslimhands.org.uk)

## MAJOR GIVING

All projects start from **£3,000**



### BUILD A MASJID

Build a Masjid for a community in need in the name of your loved one, so their good deeds can live on long after they have passed from this world.



### BUILD A CLASSROOM

Help us provide an education to orphans and needy children by building them a safe, inspiring place to learn and grow.



### LIVELIHOODS

Give families the means to earn their own livelihoods and build brighter futures. Training widows in tailoring, gifting livestock to farmers or helping women set up small shops are just a few of the ways you can help.



### ...OR YOUR OWN IDEA

We can turn your dreams into reality. Start the project of your lifetime today.



# WHERE MOST NEEDED FUND

## GIVE TOWARDS THIS FUND

If you can't decide where you want to give, let our team of global experts decide where your Zakat and Sadaqah will have the most impact.

By donating to the Where Most Needed Fund, you can help us give immediate emergency relief and set up life-changing projects for those in the greatest need.



The Messenger of Allah (saw) said,  
'Whoever fulfilled the needs of his brother, Allah will fulfil his needs'.

[Bukhari]

Donate securely at  
[muslimhands.org.uk](https://muslimhands.org.uk) | 0115 911 7222

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